

Dr. Sairah Qureshi: Profile



Dr. Sairah Qureshi is the founder, creator and director of Action Against Bullying, LLC, established in March 2015. Action Against Bullying is specialized in training teachers, guidance counselors and educators. What makes Action Against Bullying more unique from other organizations is the specialized academic and practical knowledge from examining bullying, not only from an educational psychological perspective, but also from the socio-economic angle. It thus allows for a broader proactive anti-bullying training module curriculum in schools and for educators.

Aims of AAB:

- To effectively allow schools to implement an anti-bullying curriculum on a long-term basis;
- Incorporating psychological and socio-economic factors within each training module;
- Consult and advise on other preventative approaches;
- Train teachers/guidance counselors to reach out to pupils via social and emotional learning techniques;
- Deliver training via modules purchasable online and through workshops in schools. Effective implementation of anti-bullying preventative measures arise when there is sufficient training per school, a minimum of five workshops a year is required;
- Promote BIG (Bullying Intervention Group) by incorporating an in-depth learning course. This will allow schools to achieve an award for best bullying preventative practice.

More recently, Action Against Bullying, LLC developed a partnership with Bullying Intervention Group, a UK Not-for-profit organization allowing for schools to achieve a special award for best bullying prevention. The BIG scheme also incorporates an online course for teachers and guidance counselors, nationally approved and accredited as college credit course, as well as developing a peer support system also approved as college credit course. BIG currently has been acknowledged as the largest anti-bullying organization in the UK.

Dr. Sairah Qureshi earned her PhD in Sociology and Criminology from the UK in 2011, based on exploring and examining the perceptions of bullying and racist bullying and particularly how it is manifested around the school environment. Dr. Qureshi has had over 10 years of academic experience and over 7 years as a consultant and practitioner in the field of bullying and bias-based bullying. She has advised local authorities on school bullying, participated in and evaluated school training manuals on bullying as well as delivered extensive public outreach work to children and young people on the subject of school bullying and racism both in the US and UK.

Furthermore, Dr. Qureshi has acted as Residential Consultant Expert for the Downtown Manhattan Community Board 1, 'Youth and Education Committee' since May 2010 where her proposals have been presented to the NYC Department of Education. She is also a prominent member of the NYC Teen Healthy Relationship Network Roundtable committee. At these meetings Dr. Qureshi has consulted with other key organizations into developing an Anti-Bullying prevention program in order to combat teen dating violence/abusive relationships among teens. Dr. Qureshi further has been an Associate member of another large UK anti-bullying organization, 'Anti-Bullying Alliance' since 2008 where she has presented her work and hosted a key workshop for this organization.

Dr. Sairah Qureshi has lectured and published articles in her specialized field, presented at several conferences, undertaken radio interviews as well as published her very first book, *'Bullying and Racist Bullying in Schools; What ARE we missing?'*. Dr. Qureshi has also taught Sociology to undergraduates at Strayer University, NJ, USA. She lives with her husband in Montvale, NJ.